



## Hearthstone Animal Clinic

14606 FM 529 Houston, Tx 77095

281-859-9244 [www.hearthstonevet.com](http://www.hearthstonevet.com)

## Homecare Instructions

### Canine spay (laparoscopic ovariectomy)

🌟 Perla did great today! 🌟



**Perla**

Owner: name removed

**GTG AFTER 1PM**

August 31, 2026

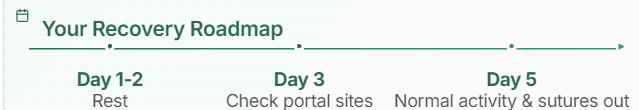
### 🍴 Eating & Drinking Tonight

- Feed about half the normal dinner tonight
- Small amounts of water tonight are fine
- Resume normal food and water tomorrow

### 🛌 Rest & Recovery

*Quiet rest helps Perla heal quickly and comfortably.*

- Keep Perla calm and limit activity for 5 days
- Leash walks only for bathroom breaks
- Gradually return to normal activity after healing
- Most dogs feel significantly better by day 2. This is normal. Keep activity limited through day 5.



### 💊 Medications to Give at Home

☒ **Pain medication** — Vetprofen 100mg - Give 1/2 tablets twice daily.

☒ **Other** — Trazadone 100mg - Give 1 tablet(s) twice daily to help keep calm after surgery.

💡 *Give with food if stomach upset occurs.*

### ⚠️ When to Call Us

*Most pets recover smoothly, but please reach out if you notice:*

- Refusing water for more than 24 hours
- Vomiting or diarrhea
- Lethargy or acting unusually tired
- Loss of appetite lasting more than 2 days
- Bruising or swelling at portal sites that worsens after day 3

### 🏠 Caring for the Portal Sites

*A little attention each day helps ensure smooth healing.*

#### WHAT TO DO

- Perla has 2-3 small portal sites instead of one larger incision — check each one daily
- Prevent licking or chewing at any portal site
- Contact us if you see redness, swelling, or discharge at any site

#### WHAT'S NORMAL

- Mild bruising around the portal sites is normal and will fade over 3-5 days
- Some dogs have mild shoulder stiffness on day 1 from the CO<sub>2</sub> gas used during surgery. It resolves on its own within 24 hours.

**📅 Suture Removal: 7 Days**  
Please schedule this appointment

### 💖 A Personal Note for Perla

Perla did very well during her surgery today and is resting comfortably with two small incisions. Because the lower incision sits within a natural skin fold, please monitor the area closely and gently clean it with warm water, if needed and applying a small amount of Neosporin if humidity causes any irritation. We expect her to heal smoothly, but please reach out if you have any questions during her recovery.

**Questions? We're here for you—call or text us anytime at 281-859-9244**

Thank you for trusting us with Perla's care. We're rooting for a smooth recovery! 💖